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Contralateral lymph node metastasis of a previously-treated oral squamous cell carcinoma without neck lymph node metastasis-a rare situation deserves attention

KEYWORDS

Contralateral lymph node metastasis; Oral squamous cell carcinoma; Recurrence; Pathologic neck free

Contralateral lymph node metastases (CLNM) have been considered a significant factor of poor prognosis of oral squamous cell carcinoma (OSCC). The risk factors for CLNM have been proposed according to several retrospective studies, including tumor location, size, thickness, surgical margin, histological grading, midline involvement, local recurrence, perineural and lymphovascular invasions, extranodal extensions, and clinical stage.¹⁻³ The 5-year survival rate in patients with OSCC or oropharyngeal SCC (OPSCC) shows a significant gap between those with negative and positive CLNM, being 70% and 41.2% respectively.¹ Even for cases of previously-diagnosed OSCC with pathological NO stage, multiple studies showed the incidence of recurrent CLNM is still expected with a 1-3% recurrence rate, and 95%cases are developed within 2 years.^{1,4} Here, we presented a rare case of a previously-treated OSCC without neck lymph node metastasis that developed an isolated recurrent CLNM at the third-year follow-up and then demonstrated no recurrence for the following 15 years.

A 40-year-old male was diagnosed as having an OSCC of the right floor of mouth, cT2N0M0, stage II in December 2004. It was a unilateral ulcerative lesion, 2×1.2 cm in size, 8 mm in thickness, and at least 1 cm off the midline (Fig. 1A). He received wide excision, the right side type I modified radical neck dissection (MRND), and the adjuvant radiotherapy of 60 Gy over the primary and neck region for an OSCC, pT2N0M0, stage II with close margin. Disease-free condition was present during the regular follow-ups (Fig. 1B) until an isolated CLNM was found at the left neck level III in December 2007, which revealed a central necrotic morphology on computed tomography (CT) image (Fig. 1C). The left side type I MRND was performed and the pathological report revealed a metastatic SCC in line with the CT image. After this episode, no further metastasis or recurrence was noted up to date.

The occurrences of CLNM have not been widely reported. We suggest that the incidence of CLNM may be underestimated at the initial diagnosis of an OSCC due to undetected micrometastasis. The rate of micrometastasis is found to be from 6% to 46% in OSCC and OPSCC.¹ Limitation may also arise from sensitivity and specificity of imaging tools, and 25% of occult metastases are too small to be detected. Considering the risk factors for CLNM, our case fitted the previously-described four factors: location of tumor (floor of the mouth), thickness (8 mm), surgical margin (1 mm close to the resected cancer), and histological grading (poor-differentiated OSCC). Kowalski et al. found that SCCs at the floor of the mouth have the highest risk for CLNM compared to those from other oral sites.² Bier-Laning's group described that no CLNM is found in tumor SCCs with tumor

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Abbreviations: CLNM, Contralateral lymph node metastasis; OSCC, Oral squamous cell carcinoma; OPSCC, Oropharyngeal squamous cell carcinoma; MRND, Modified radical neck dissection; CT, Computed tomography.

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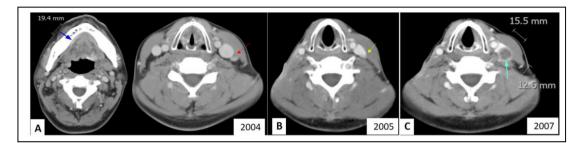


Figure 1 The series of computed tomography (CT) images with contrast medium. (A) Pre-operative CT image in 2004. The blue arrow indicated the location of the primary lesion. The red arrow marked a lymph node, ovoid in shape which was considered as normal. (B)Post-operation first-year follow-up CT image of the neck. No metastatic lesion was noted over both sides of neck. The previous lymph node, marked by yellow arrow, was still regarded as normal. (C) Post-operation third-year follow-up CT. A central necrotic lymph node, marked by the light blue arrow, at the left neck level III was found.

thickness less than 3.75 mm. There was a 5% increased risk of CLNM for every 1 mm increase in tumor thickness.⁵ For surgical margins. Capote-Moreno's group compared the rate of delayed CLNM between oral and oropharyngeal carcinomas with clear-margin (279 patients) and those with margininvolved (111 patients) groups and gave rise to a significant difference, 7% versus 14%, respectively.¹ Others investigators considered 1 cm free margin as adequate. The rates of CLNM for OSCC with free margin greater than 1 cm and for those with free margin less than 1 cm are 4% and 11.6%, respectively.³ Considering the histological grading, the risk of CLNM significantly increases with the grading, being 13.5% for poorly- and 5.2% for well-differentiated OSCCs, respectively.³ Despite the rarity of CLNM, we should pay much attention to those OSCCs with CLNM during the follow-up period.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Yi-Hua Sun¹

Department of Oral and Maxillofacial Surgery, Wanfang Hospital, Taipei Medical University, Taipei, Taiwan

Chih-Yuan Fang¹

Department of Oral and Maxillofacial Surgery, Wanfang Hospital, Taipei Medical University, Taipei, Taiwan School of Dentistry, College of Oral Medicine, Taipei Medical University, Taipei, Taiwan

Bey-Rong Guo*

Department of Oral Medicine, Wanfang Hospital, Taipei Medical University, Taipei, Taiwan

Kuan-Chou Lin**

Department of Oral and Maxillofacial Surgery, Wanfang Hospital, Taipei Medical University, Taipei, Taiwan School of Dentistry, College of Oral Medicine, Taipei Medical University, Taipei, Taiwan

*Corresponding author. Division of Oral Medicine, Department of Dentistry, Wan Fang Hospital, Taipei Medical University, No. 111, Sec. 3, Xinglong Rd., Wenshan Dist., Taipei 116081, Taiwan. *E-mail address*: brkuo8533@gmail.com (B.-R. Guo)

**Corresponding author. Division of Oral and Maxillofacial Surgery, Department of Dentistry, Wan Fang Hospital, Taipei Medical University, No. 111, Sec. 3, Xinglong Rd., Wenshan Dist., Taipei 116081, Taiwan. *E-mail address:* kclin0628@hotmail.com (K.-C. Lin)

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¹ These two authors contributed equally to this work.